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**7th SUMMER CAMP 2016**

**WITH**

**SHIHAN tsutomou wakiuchi 6DAN**

***SKIATHOS ISLAND - GREECE***

**Program:**

* July 8, 2015 (Wednesday)

 - **Check - in - from 12:00h**

* July 9, 2015 (Thursday)

- **1st training - from 6:30 a.m. to 7:30a.m.;**

 **- Breakfast - from 8:00 a.m. to 9:00 a.m.;**

- **2nd training - from 10:30h to 12:30h;**

 **- Lunch - from 13:00h to 14:30h;**

**- 3rd training - from 18:00h to 20:00h;**

 - **Dinner - from 20:30h to 21:30h;**

* July 10, 2015 (Friday)

- **1st training - from 6:30 a.m. to 7:30 а.m.;**

 **- Breakfast - from 8:00 a.m. to 9:00 a.m.;**

- **2nd training - from 10:30h to 12:30h;**

 **- Lunch - from 13:00h to 14:30h;**

**- 3rd training - from 18:00h to 20:00h;**

 **- Dinner - from 20:30h to 21:30h;**

* July 11, 2015 (Saturday)

- **1st training - from 6:30 a.m. to 7:30p.m.;**

 **- Breakfast - from 8:00 a.m. to 9:00 a.m.;**

- **2nd training - from 10:30h to 12:30h;**

 **- Lunch - from 13:00h to 14:30h;**

**- 3rd training - from 18:00h to 20:00h;**

 - **Dinner - from 20:30h to 21:30h;**

* July 12, 2015 (Sunday)

 **- Breakfast - from 8:00 a.m. to 9:00 a.m.**

- **Check out - before 12:00h**

**OSU!**